

Roasted Beets + Swiss on Rye

Roasted Beets + Swiss on Rye

(*my
favorite
sloppy
veggie
sandwich)



So here I am, writing about food in a world that has gone completely mad. Has it ever been this bad? Seriously, I'm 36 years-old and I don't remember the world ever being like this. I wish I was able to write about my baller staycation that I'm currently enjoying (thanks be to the privilege of having a job, a good one at that). I'd like to talk about what it's like to be able to be a working mom and actually be home for a month (it's exhausting and wonderful and confirms the fact that I am not made for staying-at-home mom-ing). Or, I'd like to be able to talk about my recent obsession with the shows, *UnReal* and *The Good Wife* (I am using some of my staycation time to do what I used to do when I was single and in my 20s . . . lay on the couch while eating chips and cheese dip and watching TV for HOURS ON END . . . or until I have to go pick up the girls from camp/gan). But I can't.

COLE SLAW

PICKLES

SWISS
CHEESE

ROASTED BEETS





I'm confused on what to do about the deaths of Hallel Yaffa Ariel, Alton Sterling, Philandro Castile. I'm honestly so sick of reading article after article on Facebook from well-meaning friends who seem to be playing to the same crowd. I don't want to be an arm-chair/Facebook-activist. I want to do something. I want to make sure I'm about something other than delicious food. I don't want to forget that I'm a Social Worker and Community Organizer by training. I'm also a Jew who is in need of a global-community to give a sh*t about dying Jewish teenagers and the rise of anti-Semitism and I want to make sure I model the same support that I'm asking for. But how do I do this? I truly want to know? How do I do this with two little kids from Encino, California?



In the meantime, while I ponder these questions and look for outlets, I found this really great site called, "Campaign Zero". It has an amazing team behind it and seems to be running on real grassroots community organizing. It's inspiring. I wonder if they're looking for Jewish lady community organizers living in The Valley!?

CAMPAIGN ZERO

WE CAN LIVE IN A WORLD WHERE THE POLICE DON'T KILL PEOPLE
BY LIMITING POLICE INTERVENTIONS, IMPROVING COMMUNITY INTERACTIONS
AND ENSURING ACCOUNTABILITY.



WE CAN LIVE IN A WORLD WHERE SYSTEMS AND STRUCTURES DO GOOD, NOT HARM.

JOINCAMPAIGNZERO.ORG

So I made a sandwich. I made a really, really good sandwich. I roasted some beets and made some tangy cole slaw while I toasted some rye bread (and put a little slab of butter on those little slices of bread before putting them in the oven). The result was so frikkin' good that though I had no plans to turn it into a post, I ended up making it a second time so that I could post it (but also because my husband begged me to make it again, he liked it that much. He actually like it so much that he high-fived me after finishing it). This sandwich would be a great little build-it for a Shabbat lunch or picnic or a Tuesday.



[amd -

zlrecipe-recipe:31]