

Recipe Round-Up – 12 Gluten-Free Sides and Salads – Holiday Menu-Planning



Gluten-Free Holiday Menu-Planning

So . . . don't panic, but Rosh Hashanah is a week away! AHHH (insert panic here)!!! Thank Gd, we will be traveling to Asheville, NC to spend the week and the holiday with my mama. And, as a special treat, my brother and his family will be joining us as well. I'm so FRIKKIN' excited. Anywho, my sweet nephew has been on a gluten-free diet for roughly a year now, give or take a few months. He was having some behavioral struggles that were uncommon for him so after doing analysis of his behavior, keeping food charts, and trying various

diets, etc., what my sister-in-law and brother realized is that gluten was having a really negative effect on him. The results of taking gluten out of his diet has been pretty phenomenal and therefore, we want to accommodate this in our very first gluten-free Rosh Hashanah! So, since I was on the hunt for delicious gluten-free recipes that could either be made on the spot or defrosted for the holiday, I bring to you a gluten-free recipe round-up of salads and sides. You'll find 12 delicious and drool-inducing recipes in the list below. Of course, these recipes could fill the menu for any occasion but in the meantime, I hope they help you in your own holiday menu-planning, for whatever that holiday may be. I wish you a *L'shanah Tovah* (Happy New Year), a happy Tuesday, and a happy week!!



Spaghetti Squash with Veggie Marinara from Jewhungry

Spaghetti Squash with Veggie Marinara



Apple Butter Nut Squash Gratin from
Kitchen Treaty

Apple, Butternut Squash, and Leek Gratin



Chutney-glazed Stuffed Acorn Squash by the
Gluten-Free Doctor

Chutney-glazed Stuffed Acorn Squash



Roasted Eggplant Salad from Wine and Glue

Roasted Eggplant Salad



Mango Lime Confetti Slaw from Healthy Slow Cooking

Mango Lime Confetti Slaw



Buffalo Chicken Quinoa Salad
from Alida's Kitchen

Buffalo Chicken Quinoa Salad



Zucchini Tater Tots from Cupcakes and Kale Chips

GlutenFree Zucchini Tater Tots



Red Quinoa and Beet Salad with Goat
Cheese and Pistachios from What Jew
Wanna Eat

Red Quinoa and Beet Salad with Goat Cheese and Pistachios



Grilled Cauliflower with Basil and
White Balsamic Vinegar from Everyday

Maven

Grilled Cauliflower with Basil and White Balsamic Vinegar



Fennel, Orange & Avocado Salad with Carrot
Dressing Recipe from The Hungry Goddess

Fennel, Orange & Avocado Salad with Carrot Dressing

Recipe



Roasted Potato Salad with Crème Fraîche
Sauce by Farm Fresh Feasts

Roasted Potato Salad

with Crème Fraîche Sauce



Herb Roasted Sweet Potatoes from Tales of an
Overtime Cook

Herb Roasted Sweet Potatoes