

# **A Very Quinoa Passover: A recipe round-up**



# 14 Quinoa Recipes for Passover



Not all quinoa is created equal—at least that's the case when it comes to finding Kosher for Passover quinoa. It was only recently that this healthy rice/noodle alternative became a hit amongst healthy eaters and though it's not as popular as

it was a few years ago (every fad must end, no?) it absolutely it still embraced every year in my household come Passover. I remember a few years ago, the Trader Joe's brand of quinoa was one of the few brands that the Orthodox Union had certified as kosher for Passover and you best believe Jews were throwin' some 'bows to get their hands on boxes of the stuff. I mean serious, it was like black Friday at a Wal-mart. You'd think they were giving the stuff away from free the way we hoarded it but no, it's just that it was a better option, FINALLY, than those Kosher for Passover noodles we ate year in and year out (if Jew keep strict kosher during Passover, then Jew know what I'm talking about). Quinoa came at a time where, if I had to look at one more bowl of sad, soppy potato noodles during Passover ONE MORE TIME, I was gonna lose it. The certification process for quinoa is insane and basically, if the OU deems it worthy of it's Passover certification well, let's just say it's like one of my students getting into the Ivies . . . it's a big deal and it's very validating. And so, I bring you a list of recipes from some of my favorite food bloggers out there to help broad your quinoa horizons, whether it being during Passover or any time throughout the year. I hope you enjoy! Just 11 more days until Passover . . .



## Quinoa Sushi *with* Matzah Crunch



Quinoa Sushi with Matzah Crunch from Jewhungry



Broccoli and Quinoa Salad with Asian Vinaigrette from Overtime

**Cook**



**Steak and Peppers Quinoa Bowl from Cook with Chef Eitan**





**Rainbow Quinoa Salad with Honey Citrus Vinaigrette from The Little Ferraro Kitchen**



**Herby Quinoa Kale Salad (omit olives for Passover if need-  
be) from Kosher Like Me**



**Butter and Vinegar Infused Mushrooms, Quick Crispy Quinoa and  
Crispy Parsley from Manu's Kitchen**





**Lebanese Tabbouleh Salad with Quinoa from The Lemon Bowl**





**Quinoa Zucchini Pie from Kitchen Tested**



**Roasted Veggie Quinoa Salad from Busy in Brooklyn**





**Mushroom, Zucchini & Quinoa Breakfast Muffins from May I Have That Recipe?**





ACleanBake.com

**Pumpkin Quinoa Chili (remove beans for Kosher for Passover otherwise, Sephardic kosher for Passover) from A Clean Bake**



**Kale and Quinoa Mac n' Cheese (remove panko and dry mustard for Passover) from What Jew Wanna Eat**





Quinoa and Arugula Salad with Lemon Vinaigrette from A Nutritionist Eats





## **Quinoa Majadra (Sephardic Kosher for Passover) from This American Bite**